

YOUR CHILD HAS A FEVER?

Here's What to Look at First

Fever is your child's body fighting — but how they act matters **more than the number.**

CHECK YOUR CHILD, NOT JUST THE THERMOMETER



Are They Drinking Fluids?

- Water, milk, or oral rehydration
- No signs of dehydration



Are They Responsive?

- Reacting to you
- Awake or easily roused



Making Eye Contact?

- Looking at you normally
- Alert when awake



Consolable?

- Calmed by cuddles
- Not inconsolable crying



YES to most = Can likely monitor at home

Focus on: Fluids · Rest · Comfort · Fever relief if needed

★ SEEK MEDICAL CARE URGENTLY IF:

- ✗ Under 3 months + fever
- ✗ Persistent vomiting
- ✗ Trouble breathing
- ✗ Seizure
- ✗ Severe lethargy or unresponsiveness
- ✗ Signs of dehydration
dry lips, no wet diapers, no tears



Clinical Mama Tip:

The number is just a number — your child's **behavior tells the real story.**



Stay Calm



Hydrate



Observe



Comfort



Call if Unsure

You know your child best. Trust your instincts. ♥