



Summer Med Storage Checklist

Keep your family's medicines safe, effective, and ready all season long.

- ☐ Store medicines in a cool, dry, dark place at 20 to 25°C (68 to 77°F).
- ☐ Keep medicines in their original containers with caps closed tightly.
- ☐ Move medicines out of the bathroom and off sunny windowsills.
- ☐ Keep medicines away from the stove, dishwasher, and the cabinet above the fridge.
- ☐ Never leave medications in a parked car, glove box, or trunk.
- ☐ Bring mail-order and pharmacy deliveries inside right away.
- ☐ Pack a cooler or cooling case for insulin and other refrigerated medicines when traveling.
- ☐ Keep medications in your carry-on bag, not a checked bag.
- ☐ Inspect medicines for changes in color, texture, or smell before use.
- ☐ Store everything up, away, and out of reach of children and pets.
- ☐ Ask your pharmacist if any of your medicines raise your heat-illness risk.



When in doubt, ask your pharmacist.

Heat can reduce a medicine's strength even when it looks normal. If a medicine was left in the heat, set it aside and check before using it.