

Preventive Screening Checklist

Health screenings worth keeping on your radar



Pap Test

FROM AGE 21 (US) · 25 (CANADA)



Mammogram

FROM AGE 40 (US) · 45 (CANADA)



Colorectal Screening

FROM AGE 45 (US) · 50 (CANADA)



Bone Density Scan

FROM AGE 65



General guidance for average risk. Start ages vary by country and province — talk to your provider about what's right for you.



Save this as a reminder for your next appointment.